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pharmacopœial drug; and hence it is of ex-  
ce that a student should know why many sub-  
not used, or that are rarely used, should not  
in the list of articles contained in the *Phar-*

nt's point of view the list of omissions is the  
and most satisfactory feature in the new  
There is a long list containing, I think, 188  
sort and another that were included in the  
1885, and are deleted from the *Pharmacopœia*  
regard to this list of omissions a great deal of  
ailed, and in some of the initial steps which  
tions I had a large share. I feel satisfied in  
e out, but I should have been better pleased

if we had whittled down the *Pharmacopœia* still further, and  
in looking over the list of omissions I do not for a moment  
regret the exclusion of any single drug or preparation.

The following question presented an initial difficulty: "On  
what principle is it to be decided that a drug is of no further  
value, or that its inclusion in the *Pharmacopœia* is no longer  
desirable?" While the first principle of the *Pharmacopœia* is  
to indicate the standard of purity of the substances used in  
medicine, there is no justification for retaining any drug that  
is not used with reasonable frequency by the general practi-  
tioner. Now with regard to the inquiries which were made  
by the Pharmacopœia Committee, much assistance was given  
by a large number of authorities, including the Royal College  
of Physicians of London, and the Society of Apothecaries of  
London, as recorded in the Preface. It was possible, how-  
ever, that the opinions expressed were mainly those of  
teachers and consultants, and that they might scarcely repre-  
sent the views of general practitioners. Information of great  
interest and of a more wide-spreading character resulted from  
private enterprise; I mean from such inquiries as were  
undertaken by Mr. Martindale, for instance, who had  
investigations made in several large centres of the last  
2,000 copies of prescriptions of pharmacopœial substances.  
These indicated the number of times that a drug was  
used in these centres, and in that way a list was pre-  
pared which showed the degree of popularity attaching to  
each drug. This list is of value, but it fails just where the  
list of recommendations obtained from the different examining  
bodies had failed before; it does not indicate what the general  
practitioner uses. It is of very little use to consult the pre-  
scription books of chemists, which only show how often certain  
drugs are prescribed. We do not in that way find out the  
drugs used by the general practitioner; this analysis cannot  
represent what the doctor uses who dispenses his own drugs.  
Now, to meet that objection yet another investigation was  
undertaken by the Therapeutic Committee of the British  
Medical Association, and some of you may remember that a  
mysterious letter was sent round in which you were asked  
to indicate the relative frequency of your employment of  
certain drugs. It consisted of a table that was drawn up  
into three columns, marked:

Often.		Rarely.		Never.
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Although from the first it was obvious that these lists con-  
tained numerous errors and must be used with discretion,  
they were of much service as an indication of the extent to  
which certain drugs had dropped out of use, and could there-  
fore be omitted from the *Pharmacopœia*. To this inquiry,  
however, I shall have to refer more fully in my next lecture.

**THE FRENCH MEDICAL SCHOOL OF BEYROUT.**—The Medical  
School of Beyrout, Asiatic Turkey, which is under the direc-  
tion of Jesuit Fathers, has recently obtained a charter  
enabling it to grant licences to practise. The number of  
students has been steadily increasing for some years, and is  
now about 150. An extensive piece of land has recently been  
acquired, and on this site a new school is to be erected at an  
estimated cost of two millions of francs (£80,000). The  
French Government has promised a substantial subvention.  
A jury of examiners has recently been appointed, with Pro-

her members being  
agrégé of the Paris  
School of Constanti-  
f Beyrout.

## THE CHANGES IN THE CENTRAL NERVOUS SYSTEM OF TWO CASES OF NEGRO LETHARGY: SEQUEL TO DR. MANSON'S CLINICAL REPORT.

[WITH SPECIAL PLATE.]

1899

By FREDERICK W. MOTT, M.D., F.R.S.,

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the Pathological Laboratory of the London County Asylum.

Two cases of Congo sickness, brought to England by Dr.  
Grattan Guinness, were admitted into Dr. Abercrom-  
bie's wards at Charing Cross Hospital last year, and  
for a short time were under my care; and a lecture  
with an account of these two cases was delivered by Dr.  
Manson, and reported in the *BRITISH MEDICAL JOURNAL*.  
These patients subsequently died, and the central nervous  
systems were handed to me for investigation. Before pro-  
ceeding to describe the changes which were found, and which  
are illustrated in the accompanying micro-photographs, it will  
be well to remind my readers of the principal clinical phe-  
nomena presented by the patients during their illnesses. I  
am enabled to do this by making a summary from the case-  
book notes carefully abstracted by the house-physician Mr.  
Clogg, to whom I wish to express my obligations.

CASE 1.—Eli Mboko, aged 20, was a Congolese school teacher  
of exceptional talent, speaking English perfectly, and having  
translated a book from English into his native language. His  
illness commenced twelve months before admission to the  
hospital on September 24th, 1898. Previously cheerful, in-  
terested in his avocation, he became vacant-minded and  
miserable, with little interest in his daily work, and as the  
disease progressed he would frequently fall asleep while at  
his work. These symptoms became more pronounced as time  
went on, but during his voyage to England he appears to have  
improved a little. Upon admission to the hospital, he was  
found to be fairly well nourished. The skin had to some ex-  
tent lost its natural glossy condition, and there were a few  
papules over the abdomen. There was a general enlargement  
of the lymphatic glands, but they were discrete, and not any-  
where massed together.

Nothing abnormal was found in the thorax or abdomen.  
Parchment scars on the fronts of both legs were evident. Ex-  
amination of the eyes by Mr. Treacher Collins revealed  
nothing abnormal.

Examination of the faeces showed presence of the ova of the  
following parasites: *Ankylostoma duodenale*, *trichocephalus*  
*dispar*, *ascaris lumbricoides* (these parasites were treated suc-  
cessfully by anthelmintics). Examination of the blood by  
Dr. Manson on numerous occasions showed nothing markedly  
abnormal except the presence of the embryo *filaria perstans*,  
although there was some slight degree of anæmia.

The striking features to be associated with the nervous  
lesions, and which continued and progressed till the fatal ter-  
mination, were:

1. Lethargy and a tendency to sleep the greater part of the  
day. From this drowsy condition the patient could always be  
aroused.

2. Slowness of speech without any tremor and without any  
noticeable change, except that there was an unwillingness to  
respond to questions owing to a sense of fatigue and  
drowsiness. The reaction time, as denoted by the time taken  
to frame an answer in response to a question, was much  
prolonged. When the patient spoke he usually made a  
curious grimace—elevation of the upper lip and nostrils.

3. Progressive motor enfeeblement, paresis like a man who  
had suffered a long illness. His gait also was that of weak-  
ness rather than paralysis or ataxy. He shuffled along,  
hardly lifting his legs from the ground, and with a wide base.  
Occasionally he would reel; there was nothing noteworthy  
about the reflexes, but the muscles, as indeed the whole body,  
were wasted, although the appetite was fairly good. There  
was no loss of sensation, and he complained of no definite  
pain except a pain in the back of the head, which he had had  
early in the illness. He suffered for some weeks with gingivitis.

4. The temperature until just towards the end of life, when  
hyperpyrexia occurred, was either normal, subnormal, or



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slightly raised, and the pulse denoted low arterial condition of the patient did not show any very marked change until about three weeks before he died, when he was unable to breathe very deeply, and the alæ nasi could be seen to contract. Examination of the chest revealed nothing, but his breath was very foetid. He had no cough; respirations were more than 28. Two days before death a marked dyspnoea occurred. Respirations now became 48 to 56, and were irregular. Only a little bronchitis and hypostatic congestion could be ascertained by physical examination, and his temperature rapidly rose on February 11th and continued until night of February 13th, when in the axilla the thermometer recorded 108.6°, and he died. His weight on admission was 7 st. 3 lbs., at death 5 st. 7 lbs. The foetid breath which occurred some weeks before his death could be accounted for by a foetid expectoration which he coughed up. It was turbid, blood-stained, and very foul; it no doubt came from an abscess which was found *post mortem* in the lung. Whether it was the cause of the hyperpyrexia or not it is difficult to say. Tremors were observed only during the last hours of life, and there were never any fits or twitchings or periods of convulsions during the course of this patient's illness.

**Autopsy.**—The following is an abstract of the notes of the autopsy made by Dr. Hunter. Body very emaciated; no rigour mortis. All the organs, with the exception of those mentioned especially may be considered as having presented normal appearances, although wasted. In the upper lobe of the left lung there was a small nodule half an inch in diameter, which on section proved to be a small abscess cavity containing thick pus, which on microscopical examination was found to contain an immature disorganised parent worm. In addition to this were two smaller abscesses. The pus-containing cavities were close to a branch of the pulmonary artery, but there was no connection, nor did there appear to be any connection between these abscess cavities and the bronchi. The lungs otherwise appeared healthy. No ankylostomata were found in the duodenum. An adult filaria was found by Mr. Neil in the retroperitoneal tissue near the aorta, and also several others at the root of the mesentery. These were subsequently identified by Dr. Manson as identical with those described by Dr. Daniels as occurring in the black Indians of British Guiana. The heart was very small, weighed only 5½ ozs., and the muscle had a pale hyaline appearance. Central nervous system: Removal of the skull-cap; the calvarium dense and hard, rather thin, symmetrical. Dura mater not adherent, longitudinal sinus empty. No marked excess of cerebro-spinal fluid, ventricles neither dilated nor granular. Slight pia-arachnoid thickening; right hemisphere, weight 1 lb. 6 ozs.; left, 1 lb. 6 ozs.; cerebellum, 6 ozs. Convulsions not wasted. complex, and to all appearances a very well-formed brain. The spinal cord and spinal ganglia showed nothing abnormal to the naked eye. They were preserved in 5 per cent. formalin, and subsequently the portions were hardened in various fluids for microscopical examination.

The change which I believe essential to this disease was found in both cases, and will be described with the next case.

**CASE II.**—Tenda Mkaloo, aged 11, admitted September 24th, 1898. This patient was unable to speak English, and his fellow-patient conversed with him and for him. Supposed date of illness three or four months prior to admission. He was carried to the hospital partly on account of his weakness, partly on account of his drowsy condition. Weight 3 st. 11 lbs. Very emaciated, and there was a certain amount of proptosis, for the eyelids did not meet during sleep, the sclerotics being visible. Skin dry and lustreless, covered on the thorax and abdomen with numerous papules. Marked pruritus, slight conjunctivitis and excessive lachrymal secretion. Marked dribbling of saliva, foetid breath, tongue furred but moist; lips dry and covered with dry epithelium. Hair was not discoloured; he was evidently full of fear, and whether this was the cause of his disinclination to palpation or whether it was actual pain could not be discovered. There was general glandular enlargement, as in the other case, only more marked. He constantly put his hand to his neck, which appeared to pain him; the cervical glands were much enlarged. Thorax, heart, and lungs normal; abdomen uniformly en-

larged and flaccid; spleen, extended to the level of the umbilicus, was hard and smooth, and the edge sharp, not tender. Edge of liver could be felt three fingers' breadths below the costal margin, sharp; surface of the liver smooth, not tender. Faeces contain the same parasite as Case I. Eyes, examined by Mr. Treacher Collins, found to be normal.

The patient presented the same characteristic features as regards mental and motor enfeeblement (but more marked), combined with lethargy, and a mournful expression, as Case I, except that the knee-jerks were slightly exaggerated and plantar reflexes brisk; moreover, towards the end of life epileptiform convulsions, contracture of the limbs, retraction of the head and neck, unconsciousness, and Cheyne-Stokes breathing developed, but no hyperpyrexia.

Examination of the blood by Dr. Manson showed the presence of the embryo filaria perstans, but nothing else noteworthy is recorded. The intestinal parasites were cleared out with thymol, and his general condition and weight improved. Decrease in size of the liver, spleen, and lymphatic glands took place. Six weeks after admission some cervical glands were removed by Mr. Boyd, and 5 c.cm. of blood was withdrawn from the median basilic vein in the arm by means of an aseptic syringe. No benefit resulted from operation.

Dr. Bulloch placed 2½ c.cm. into each of two tubes of bouillon. He also attempted to make cultures from the gland on glycerine agar. None of the cultures had grown at the end of three weeks, he therefore came to the conclusion that no ordinary micro-organisms were contained in the blood or glands. Neither could I by staining sections show tubercle bacilli in the glands. I regret, however, that lumbar puncture was not performed and cultures taken from the cerebro-spinal fluid.

On February 4th a fine tremor of the right hand developed, and a few days later a tremor of left arm and hand. The gums became spongy, and there was a foul smelling discharge from the mouth. A little later retraction of the head and neck occurred, and he began to pass his urine under him. Then on February 14th contracture of thighs on abdomen and legs on thighs noted, and he was frequently found crying and moaning as if in great pain. The knee-jerks were active, and there was no ankle clonus. His appetite failed, and he could only take fluid nourishment.

On February 21st the first fit occurred, and was succeeded in twelve hours by seventy-five others. They started with conjugate deviation of head and eyes to the right, the right side of the face was drawn, the jaws were at first clenched; the eyelids opened and closed very quickly, and the eyeballs were jerked from side to side. The arm was next flexed at the elbow and wrist, and the fingers flexed into the palm. The right leg then became rigid.

After the clonic spasm there was relaxation of the right side, and the left side passed through a tonic and clonic stage. At first the convulsions lasted for from 2½ to 3 minutes, and they followed one another in rapid succession. Later there was a greater interval between the fits, and they were of shorter duration, and did not extend to the left side of the body. The breathing in the interval between the fits (when there was any interval) was at first quite regular and shallow, about 24 per minute. During the two following days the patient had 23 more fits, making altogether 98 in three days. The temperature during the fits was 103° on an average. The breathing became irregular, and was at one time typical Cheyne-Stokes. The patient was completely unconscious during the fits, also during the intervals which were short, but when, later, a longer interval took place, he became semiconscious. Occasional irregular spasms followed, twitching of the face muscles, especially of the left side and risus sardonicus, with a peculiar catching breathing as if there were spasm of the diaphragm. Bedsores began to appear on the trochanters and sacrum. On March 12th patient appeared to be in great pain, crying out frequently, so that he had to be placed in a special ward. He had to be fed by the nasal tube. On March 19th patient had 94 more fits, similar to those previously described. He continued to have epileptiform fits, and later there appeared to be paresis of the right facial muscle and arm, as he was never seen to move the latter, although he did his left arm. On March 19th the temperature became subnormal, never rising above 96° until his death on April 2nd.







During the last few days of his life he had several fits a day, and the rigidity seemed to pass off in a measure. He was quite unconscious at the end, and appeared to have paralysis of the muscles of deglutition.

*Necropsy.*—The following is the report of a *post-mortem* examination made by Dr. Hunter: Body extremely emaciated, weight 3 stone. Bedsores on all prominences. Relations of organs in the thorax and abdomen natural. Mesenteric glands enlarged. No pleural or peritoneal effusions. Bronchial glands enlarged. Right lung, lower lobe exhibits a consolidated patch with recent lymph on pleural surface. On section this appears like a tuberculous mass with circumscribed pneumonia. Discrete nodules, shot-like to feel, exist throughout the lungs. No cysts or abscesses. Heart small, muscle shows brown pigmentation. Kidneys small, each  $2\frac{1}{2}$  ounces, natural appearance. Thyroid, spleen, stomach normal, also intestines, with exception of duodenum, which shows a few patches of congestion here and there. Liver apparently normal in appearance. Bladder normal.

The brain was taken out soon after death. The dura mater was adherent to the calvarium. The cerebro-spinal fluid was slightly turbid, but colourless and in excess. The pia arachnoid over the convexities was thickened and opaque, but could be stripped without erosions, no marked flattening of convolutions nor wasting. The ventricles were not dilated and the ependyma was not granular. The spinal cord and ganglia were removed and appeared healthy except at the lower part where there was inflammation of the meninges due to extension from the large and very deep sacral bed sore. No doubt the gelatinous yellow deposit around the roots of the cauda equina was due to extension of septic inflammation from the bed sore. The cerebro-spinal fluid was examined for micro-organisms by cultures, etc., and various organisms including diplococci, streptococci pyogenes, and bacilli were found, but, of course, under the circumstances no importance could be attached to these observations. Embryo filaria were found alive in this fluid (which, however, contained a little blood) thirty-six hours after removal from the body. Both in this case as well as Case I the pituitary body was in all respects normal. In both cases after hardening in 5 per cent. formalin the central nervous system and especially the medulla showed marked puncta cruenta. The vessels of the brain in neither showed any naked-eye abnormality. Portions of the brain, basal ganglia, pons, medulla, spinal cord, cerebellum, and spinal ganglia were hardened respectively in alcohol, Muller's fluid, Marchi's fluid, and 5 per cent. formol, and after fixation were embedded in celloidin or paraffin; thin sections were cut and stained by Nissl, Marchi, and Marchi-Pal methods. The microscopical appearances in both cases exhibited essentially similar but not identical conditions. There were in both instances lepto-meningitis and encephalo-myelitis. Throughout the whole central nervous system, but especially in the medulla and at the base of the brain, sections showed the pia arachnoid infiltrated with mononuclear leucocytes, the inflammation could be traced along the blood vessels and septa into the substance of the nervous system (*vide* Figs. 1, 2, 10).

The perivascular lymphatics around both large and small vessels were crowded with these lymphocytes. The left cerebral hemisphere of Case II showed a more intense inflammation than the right, and the infiltration of the membranes was more marked, which very probably may be associated with the right-sided fits, especially as one found in the motor region of this side more disorganisation of cells (*vide* Fig. 8).

Sections were stained by Gram, Pfeiffer, and many other methods for micro-organisms, but with negative results. Considering the universal evidence of intense chronic inflammation, the wonder is that the ganglion cells did not present more marked evidence of disorganisation. By Nissl method the cells of the cerebral cortex in the motor region of Case I showed a normal outline, but scattered through the substance, especially in the pericellular spaces, are the small round nucleated cells (*vide* Fig. 9). In all other parts of the nervous system of Case I the outline of the cells is fairly normal, but owing to the hyperpyrexia characteristic bio-chemical change had taken place in all the nerve cells. The Nissl bodies were neither visible in the cells nor upon the processes, the whole neuron being uniformly stained by the dye instead of the normal differentiation into achromatic and chromatic sub-

stances (*vide* Figs. 6, 7, 9). The columns of Meynert were preserved, and if there had been no hyperpyrexia I doubt if much change would have been visible in the neurons.

In Case II the cortex cerebri, especially of the left side, showed more marked cellular, but not very much more marked perivascular, changes. The columns of Meynert were disorganised, the outline of a great many of the pyramidal cells large as well as small, altered and irregular, indicating disorganisation and destruction (*vide* Fig. 8, and compare with Fig. 9 from Case I). In the spinal cord and various other parts of the central nervous system numbers of cells of fairly normal appearance existed, and in these the Nissl bodies appeared natural (*vide* Fig. 3). The medulla showed to the naked eye marked congestion of the vessels; and, microscopically examined, the evidence of chronic inflammatory reaction around the vessels and in the membranes was profound. Very many of the nerve cells were shrunken and atrophied, others showed chromatolysis, and not many normal cells were discoverable (*vide* Fig. 11).

*Fibres.*—Sections of the brain and spinal cord were stained by Marchi and Marchi-Pal methods. Nothing abnormal was found in Case I, with perhaps the exception that the tangential and supraradial fibres were not quite so numerous as normal. In Case II there was obvious atrophy of both these sets of fibres, and also to a less degree of the interradianal fibres in the motor regions of both hemispheres, but especially the left (*vide* Figs. 12 and 13).

Examination of the spinal cord showed no degeneration or sclerosis in Case I, whereas in Case II there was a slight diffuse sclerosis (*vide* Fig. 5) in the pyramidal tracts, especially of the right side, with recent degenerated fibres. There was no degeneration in the anterior or posterior roots. The arteries showed no endarteritis in either case, but in the choroid plexus there were numerous psammomata, caused, I believed, by degenerated and occluded vessels. The epithelium appeared quite normal. The spinal ganglia showed the same evidence of a chronic inflammatory process; but with the exception of the hyperpyrexial change of Case I, the cells appeared otherwise fairly normal. The central canal of the spinal cord was filled up with proliferated glia tissue in both cases.

#### REMARKS.

The condition common to both cases was a meningo-encephalo-myelitis. MM. Regis and Gaide<sup>2</sup> have attributed the symptoms to a diffuse meningo-encephalitis of infective origin. They described, however, the clinical symptoms only of a case observed in the region of Timbuctoo; but, as far as I know, this is the first detailed microscopical examination which has been made.

With the exception of the lymphatic glands and duodenum, the examination of the other viscera revealed nothing noteworthy. Sections of the lymphatic glands showed a proliferation of lymphocytes, and section of the duodenum showed also a large number of lymphocytes, and increase of size of the lymphoid nodules.

Both the clinical history and the morbid appearance point to a chronic process. It only affects negroes in West Africa, and it is here, though not exclusively, that the filaria perstans occurs. We might therefore attribute it to this parasite, but to my mind the evidence is insufficient. Some authorities have thought that it might be due to bad food, thus resembling in its etiology pellagra and lathyrism. This is not altogether unlikely, for there are certain clinical features resembling pellagra. Possibly it is due to some infectious organism for which a suitable stain has not yet been found.

I will, however, not speculate further upon the pathology of the disease, although I cannot refrain from pointing out that in my opinion the poison acts especially upon the lymphatic system, and particularly that of the central nervous system. The lethargy, together with progressive motor and mental feeblement could be explained either by the action of a toxic agent, circulating in the cerebro-spinal fluid, upon the activities of the neurons, or simply by the accumulation of lymphocytes around all the blood vessels interfering with the metabolic exchanges between the blood and the nervous elements. Although the existence in such abundance of mononuclear leucocytes would rather indicate the existence and prolonged action of a noxious agent,







would be capable of damaging the nervous elements. The mechanical theory, however, has some support, that a somewhat similar condition of drowsy stupor, massive paresis, and dementia, with epileptiform convulsions may be brought about by internal hydrocephalus occasioned by tumour of the third ventricle. Whether the hyperaemia in Case I can be attributed solely to the encephalitis I cannot say, seeing that there was a foetid abscess in the brain, but I think it is quite possible. The right-sided fits, muscular tremors, and the contracture in Case II were undoubtedly due to the inflammatory changes, with irritation, destruction of the nervous elements in the cerebral cortex, especially of the left hemisphere.

Another question might be asked: Is this a nervous degeneration of constitutional syphilis, akin to general paresis, which also by some authorities is considered a primary meningo-encephalitis. The geographical and epidemiological character of the disease, together with the presence of granular ventricles and the universal inflammatory changes, is against this hypothesis, although sections of the motor cortex of Case II might upon microscopical examination pass for general paralysis; but I have never, in the most acute forms of general paralysis, seen so much as in Case I a general inflammatory condition of the vessels; yet the nerve-cell changes of this disease, which may last years, might in comparison with that other almost invariably fatal disease, general paralysis. This offers to my mind a strong argument in favour of the theory that general paralysis is a primary degeneration of the neuron with secondary inflammatory changes.

Neither Dr. Bulloch's observations nor my own support the observations and experiments of MM. Gagigal and Lepierre, published in the *Comptes Rendus de la Société de Biologie*, Paris, 1898, in which they claim to have isolated a bacillus from the blood which grows upon serum, upon gelatine, and upon caillou. These authors claim to have produced the disease in animals, but MM. Brault and Lapin obtained some of the results, and were unable to confirm the results (*Sur la Biologie et la Pathogénie de la Maladie du Sommeil, Annales de Parasitologie*, etc., July, 1898. Again, M. Marchand, *du Pneumocoque dans la Pathologie de la Maladie du Sommeil, Annales de l'Institut Pasteur*, March, 1899) attributes the disease to the pneumococcus, rather by inference than by direct evidence. Still, I regret that Quincke's lumbar puncture was not performed and the cerebro-spinal fluid tested as I have done.

The negative evidence obtained by Dr. Bulloch and myself regarding micro-organisms does not preclude the possibility that the disease is due to a living organism, for no organism has been discovered in rabies, nor has a specific organism been found for syphilis.

Further confirmation of these observations has been afforded me by the courtesy and kindness of Dr. Stephen Mackenzie. Having read the very interesting clinical report of a case under his care in 1890, published in vol. xxiv of the *Medical Society's Transactions*, I wrote asking him if any microscopical examination of the central nervous system had been made. He kindly sent me a box of specimens in admirable preservation. The collection contained sections of the organs and included sections of the occipital and sphenoidal lobes, also of the corpus striatum. The specimens were stained with carmine and logwood and eosin; they showed the same evidence of chronic meningo-encephalitis that I have detailed in the above cases. All the perivascular spaces were crowded with mononuclear leucocytes; but the method of hardening and staining employed did not lend itself to a study of the condition of the nerve cells. It is therefore highly probable that meningo-encephalitis is the constant lesion of this disease.

In conclusion, I wish to express my indebtedness to Dr. Mackenzie and Dr. Grattan Guinness for giving me the opportunity of making the above investigation.

#### DESCRIPTION OF PHOTO-MICROGRAPHS.

- Fig. 1.—Anterior median fissure of lumbar enlargement, Case I. Congested vessel and membranes infiltrated with mononuclear leucocytes. Magnification 150 diameters.  
Fig. 2.—Section of medulla, Case I. Stained by Nissl method, showing perivascular lymphatics, greatly distended and filled with mononuclear leucocytes. The blood in the small vessel in the centre shows five leucocytes. Magnification 250 diameters.

Fig. 3.—Anterior horn cell from the first sacral segment, Case II. Stained by Nissl method. Magnification 600 diameters. This shows a fairly normal cell; the Nissl bodies are seen upon the dendrons and in the body of the cell. The surrounding tissue shows a large number of leucocytes, and the chronic inflammatory changes in the vessels and membranes were very intense, yet there were many cells in the section as normal in appearance as this one, although there were some which showed some change in the chromophilous substance.

Fig. 4.—Central canal of the spinal cord, cervical region. Stained by Nissl method. Magnification 100 diameters. The canal is filled up with proliferated glia tissue, and there is a proliferation of the ependymal cells; exactly the same condition was found in Case II.

Fig. 5.—Cross pyramidal tract showing slight sclerosis and recent (black) degenerated fibres. Mid-dorsal region of spinal cord, Case II; right side. Magnification 200 diameters.

Fig. 6.—Anterior horn cell first sacral segment, Case I. Stained by Nissl method; magnification 600. There is no abnormality in the form of the cell, but the Nissl bodies are absent on the processes and in the body of the cell, the whole "neuron" being stained a uniform dull diffuse purple. The nucleus is especially distinct and unstained; the nucleolus deeply stained. This change was undoubtedly due to the hyperpyrexia, and is in no way connected with the disease. The cells throughout the central nervous system showed this acute change brought about by the high fever. If the patient had died suddenly from some other cause it is my opinion that the Nissl reaction of the cells would have been normal. Contrast Figs. 3 and 6. There are far more leucocytes in the surrounding tissue in Fig. 3.

Fig. 7.—Medium-sized pyramidal cell from the third layer of the motor cortex, Case I. Nissl staining, magnification 750 diameters. There is chromatolysis, and the whole cell is stained a diffuse purple, consequently no Nissl bodies are evident on the processes. Two mononuclear leucocytes can be seen close to the body of the cell, and many others were observable on altering the focus. A dark strand can be seen passing from the apical dendron through the body of the cell and out by the axon, doubtless continuous fibrillae, which are made evident by the pathological change.

Fig. 8.—Section of sensori-motor cortex, Case II. Stained by Nissl method. Magnification 200. The columns of Meynert are not seen; the cells are irregular in shape. Their processes are broken off; the small vessels are congested; and the appearances are not unlike those of acute general paralysis; but no spider cells were seen in the superficial layers. Contrast this with Fig. 9.

Fig. 9.—Section of sensori-motor cortex, Case I. Stained by Nissl method. Magnification 200. The cells are of good shape, although imperfectly and diffusely stained. The apical processes are of normal outline, and the columns of Meynert are not destroyed. There are numerous capillaries surrounded by deeply-stained leucocytes, and the same are seen in the perivascular lymph spaces.

Fig. 10.—Occipital region of cortex cerebri, Case II. Magnification 150 diameters. Perivascular lymphatic is seen in the subcortical white matter filled and distended with mononuclear leucocytes; also a large number in the surrounding tissue. It may be here remarked that every vessel in the whole nervous system showed appearances more or less as marked as this.

Fig. 11.—Section of medulla, Case II. Stained by Nissl method. Magnification 250 diameters. Two small veins cut obliquely are seen side by side, with the perivascular sheath distended and filled with mononuclear leucocytes; in the neighbourhood are some nerve cells shrunken, and with their processes gone, apparently in a degenerating condition.

Fig. 12.—Section of sensori-motor cortex, Case I, stained by Marchi-Pal method. Magnification 200 diameters. The horizontal tangential fibres which lie on the surface of the convolutions, and which correspond to the axons of the molecular layer of Cajal, are seen in fair abundance. Contrast with Fig. 13.

Fig. 13.—Section of sensori-motor cortex, Case II. Stained by Marchi-Pal method. Magnification 200 diameters. The tangential fibres are here almost entirely destroyed. It is probable that the decay and death of these cortical structures was associated with the epileptiform fits which occurred in the later period of the illness.

#### REFERENCES.

- <sup>1</sup> December 3rd, 1898, p. 1672. <sup>2</sup> *Presse Médicale*, October 1st, 1898.

## REPORT ON AN OUTBREAK OF TYPHOID FEVER AT SHOEBOURNESS ATTRIBUTED TO EATING COCKLES.

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SHOEBOURNESS is an urban district at the extreme south-east of the county of Essex, bounded on the south by the Thames, on the east by the German Ocean, and on the north and west by the Rochford Rural District, of which until recently it formed a part. Nearly the whole of this area has a high death-rate from typhoid fever, and every autumn outbreaks of greater or less intensity occur.

The population of Shoebury at the last census was 2,990, but



